

JAMESTOWN
---SPEED---
DEVELOPMENT CAMP
GRADES – 1 THROUGH 8
(AS OF FALL 2023)

Campers will work on drills to improve speed, agility, and coordination. Campers will also learn technique in field events and take part in a track meet at the end of the week.

Consent form required to participate in camp.

DATES: Monday, June 26– Thursday, June 29

TIME: 9:00 AM – 10:30 AM

Location: *Strider Field (Jefferson Middle School)*

INSTRUCTORS: Track Coaches Cristin Hockenberry, Steve Sipior, Ali Pezzulo, and many current & former athletes.

FEE: Includes instruction for the week and a t-shirt, (registered by June 16)

\$55 – Early Bird - postmarked by June 4

\$65 – postmarked after June 4 and before June 16**

family rates available - please call

CHECKS PAYABLE TO: Jamestown Cross Country Boosters sorry, no refunds

For more information contact Coach Cristin Hockenberry at 708-9777

**Registration for camps closes June 16 – shirts not guaranteed after June 16

****For campers who plan to attend the Football Camp from 11:00-1:00, on 6/26-6/29, supervision & a snack will be available for the 30 minutes between the end of Speed Camp and the beginning of Football Camp.

**Send registration postmarked
by June 16 to:**

CV Bush Elementary
c/o Cristin Hockenberry
150 Pardee Ave.
Jamestown, NY 14701

For Text Updates:

Text: @d3ecb3

To: 81010

Jamestown Speed Development Camp (please print)

Participant First & Last Name: _____

Parent/Guardian Name: _____ **Number:** _____

School: _____ **Grade(in fall):** _____ **Male:** _____ **Female:** _____

Allergies/Other: _____

SHIRT SIZE: circle one: **YOUTH:** Sm Med Lg **ADULT:** S M L XL

Waiver: I hereby authorize the coaching staff of the above named camp to act according to their best judgment in any emergency requiring medical attention and hereby waive and release the staff from any and all liability for any injuries or illness incurred at the 2023 Jamestown Speed Development Camp. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat, humidity, and/or cold and understand there are no refunds. I grant permission to all of the foregoing to use my athlete's photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Parent or Guardian Signature: _____ **Date:** _____